

# Life Skills

- Race to see how quickly you can tie your laces
- Make a meal for your family
- Plan the meals for a week
- Fold and sort washing
- Tidy your room
- Redesign your room layout
- Bake something for your family
- Start a vege garden
- Make your bed with hospital corners
- Learn how to change a tyre
- Learn how to check oil and water in a car
- Change your hairstyle 5 times in one day
- Learn how to sew buttons
- Learn about how to wash your hands and how to blow your nose
- Learn how to tie your shoelaces
- Build something